

2018 Race Diary

Road, Multi Terrain, Fell, Cross Country Track and Field, Parkruns

Most popular with club members

Added 2018

Road

See also; www.evensplits.events/5k-series for a series of 10 monthly races at the Brownlee Centre Leeds University.

Date	Venue	Distance	Comment
			Popular race on coastal roads
7 Oct	Bridlington	1/2 Mara	PB potential if not windy
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7 Oct	Chester	Mara	PB potential
11 Oct	York Sports Village	5K	Race 7 York 5k series
14 Oct	Elloughton.(Jim Dingwall)	10K	PB potential. Flat 2 laps
14 Oct	York	Mara	Sold out but Charity Places may be possible
14 Oct	York	10 miles	
21 Oct	Scarborough	10K	Sold out in 2.5 hours!
21 Oct	Holmfirth	15 miles	Yorkshire Vets Championship Race
27 Oct	Halloween H, Bridge	Ultra	6 hours on the bridge
28 Oct	Dublin	Mara	Cheap air fares possible
4 Nov	Leeds	10K	Abbey Dash race. Fast course.
4 Nov	New York USA	Mara	Join Lynzie Fleming
8 Nov	York Sports Village	5K	Race 8 York 5K series
18 Nov	Conwy	1/2 Mara	
25 Nov	Wilmslow	10K	
25 Nov	Doncaster	10K	
25 Nov	Barnsley	10K	
3 Dec	Vale of Clywd	1/2 Mara	

Multi Terrain

Date	Venue	Distance
7 Oct	Forest and Moors	10k
21 Oct	Camp Hill. Bedale	Includes a River crossing!
3 Nov	White Rose Trail. Kirklees	30 miles
4 Nov	Guy Fawkes Trail. York	10 miles
11 Nov	Dalby Dash	10K. (EYXC Clash)
1 Dec	Rudolf Romp	25 miles
16Dec	Poultry Run	8 miles

Hardmoors. (See Hardmoors website for further details)

26.2 Series – Includes half marathon and 10K **approximate** distances

Date	Title
21 Oct	Osmotherly
19 Nov	Goathland
9 Dec	Roseberry Topping

NYSD (2018/19 Season)

14 Oct	Acklam. Acorn Centre
4 Nov	Whitby. Caedmon College
18 Nov	Stockton. Preston Park

2 Dec	Redcar. Fox Rush Farm
20 Jan	Middlesboro. Ormesby Hall
17 Feb	Richmond, Old Racecourse

EYXC (2018/19 Season)

11 Nov	Drewton Woods
3 Dec	Langdale End
6 Jan	Sledmere
10 Feb	Welton
3 Mar	Sewerby

Fell

See Esk Valley Fell Club for information re course/distance/climb

Winter Series

30 Sep.	Lockton Limping
21 Oct	Gomire Gamble
4 Nov	Saltergate Gallows
9 Dec	Eakdale Eureka
27 Dec	Guisborough
1Jan	Capt Cooks

Parkruns

All start at 0900 every Saturday. Standard 5 K for all local events (some have a 2.5 K option). Free to enter. Log on 24 hours before 1st Parkrun Web to register and get a barcode to use for all future races.

Dalby Forest, Sewerby, York, Hull x 3, Middlesbrough x 2 – and all over the UK and some overseas countries. ,Look up before going abroad!