

## 2018 Race Diary

Updated 24 April

Road, Multi Terrain, Fell, Cross Country Track and Field, Parkruns

Most popular with club members

Added 2018

### Road

See also; [www.evensplits.events/5k-series](http://www.evensplits.events/5k-series) for a series of 10 monthly races at the Brownlee Centre Leeds University.

Date	Venue	Distance	Comment
25 Apr	Redcar	5K	Wednesday night race
29 Apr	Stirling	Mara	
29 Apr	Bradford	10K	<b>Rearranged date</b>
1 May	Sproatley	6 miles	Tuesday Night. East Hull Harriers League
May. TBN	Meridian Ultra	50K,100K	UK Championship races
6 May	Kirkby Moorside	10K	Tough but very popular race
6 May	Scunthorpe	1/2 Mara	North Lincolnshire Half
10 May	York Sports Village	5K	Race 2 York 5K series
13 May	Leeds	1/2 Mara	'Run for All' event
13 May	Beverley	10K	<b>Now full. Exchanges allowed</b>
13 May	Sunderland	1/2 Mara	
15 May	East Park Hull	4 miles	Tuesday Night. East Hull Harriers League
20 May	Windermere	Mara	
20 May	Manchester	10k 1/2 Mara	
20 May	Liverpool	1/2 Mara	
26/27 May	Edinburgh	Mara	Festival – 1k to marathon races
27 May	Melmerby	10K	
27 May	Northallerton	10K	
29 May	Leven	10K	Tuesday Night. East Hull Harriers Summer League
29 May	Leven	2.2 K	Children's Race
7 Jun	Howarth	5 mile	Thursday Night. Yorkshire Vets Championship Race
10 Jun	New Marske	10K	'Victorian'.
10 Jun	Hull	10K	'Run for All' event
12 Jun	Sproatley	7 miles	Tuesday Night. East Hull Harriers League
14 Jun	York Sports Village	5K	Race 3. York 5K series
24 Jun	Humber Bridge	½ Mara	Very popular with views when running over the bridge
26 Jun	Coniston	10K	Tuesday Night. East Hull Harriers League
Jul. TBN	Walkington	10k	Very popular Friday Night race. Date not set by 29 Dec.
1 Jul	Withernsea	5 miles	
1 Jul	Eccup	10 miles	Yorkshire Vets Championship Race
4 Jul	Halifax	10K	Wednesday Night. Yorkshire Vets Championship Race
8 Jul	Kilburn Feast	7 miles	Hilly and scenic
8 July	Leeds	10K	'Run for All' race
10 Jul	Skirlaugh	8 miles	Tuesday Night. East Hull Harriers League
11 Jul	Doncaster	5K	Wed night. Town centre race
12 Jul	York Sports Village	5K	Race 4 York 5K series
13 Jul	Walkington	10K	Very popular Friday Night Race
15 Jul	Harrogate	10K	
19 Jul	Redcar	5K	Thursday Night race
19 Jul	Huddersfield	5K	Thursday Night race. Yorkshire Vets Championship Race
22 Jul	Grimsby	10K	
24 July	Hedon	4 miles	Tuesday Night race. East Hull Harriers League
Aug. TBN.	York	5K	Millennium Bridge races & shorter races (Not held 2017)
Aug. TBN	Gilberdyke	10 miles	

9 Aug	York Summer Village	5K	Race 5 York 5K series
5 Aug	York	10K	'Run for All' event
11 Aug	Dublin	5K	
12 Aug	Dublin	10K 1/2 Mara	Join the Trown sisters and other club members!
25/26 Aug	Portishead Bristol	Various	Join the 401 legend Ben Smith
25 Aug	Blackpool	5K 10K	<b>Saturday Night race</b>
Sep TBN	Tadcaster	10K	
Sep TBN	Malton and Norton	10K	
Sep TBN	Middlesboro Riverside	5K	
2 Sep	Tees Pride	10K	
2 Sep	Tholthorpe	10K	Club favourite. Incorporates N. Yorks 10K Champs
8 Sep	Castleton Show	6 miles	'A fell race on the road!' Saturday race
9 Sep	Newcastle. GNR	1/2 Mara	
9 Sep	Vale of York	1/2 Mara	
13 Sep	York Sports Village	5K	Race 6 York 5K series
16 Sep	Berlin	Mara	
16 Sep	Big Stockport	10K	
23 Sep	Hull	Mara	
23 Sep	Sheffield	10K	
30 Sep	Nottingham	Mara	Tough half – boring 2 <sup>nd</sup> half
30 Sep	Nottingham	1/2 Mara	Tough urban course
30 Sep	Redcar	1/2 Mara	Popular race on coastal roads
7 Oct TBN	Bridlington	1/2 Mara	PB potential if not windy
Oct TBN	Halloween Humber Bridge	-	6 hours on the bridge
Oct TBN	Elloughton (Jim Dingwall)	10K	Fast 2 lap course. Date can be delayed. Humber Tri Club.
7 Oct	Bridlington	1/2 Mar	PB potential if not windy
7 Oct	Chester	Mara	PB potential
11 Oct	York Sports Village	5K	Race 7 York 5k series
14 Oct	York	Mara	<b>Will sell out but still open</b>
14 Oct	York	10 miles	
21 Oct	Scarborough	10K	<b>Will sell out in hours. Look out for on-line entry date</b>
21 Oct	Holmfirth	15 miles	Yorkshire Vets Championship Race
27/28	Jedburgh Festival	Various	Lynzie Fleming attended 2017
28 Oct	Dublin	Mara	Cheap air fares possible
4 Nov	Leeds	10K	Abbey Dash race. Fast course.
4 Nov	New York USA	Mara	Join Lynzie Fleming
8 Nov	York Sports Village	5K	Race 8 York 5K series
18 Nov	Conwy	1/2 Mara	
25 Nov	Wilmslow	10K	
25 Nov	Doncaster	10K	
Nov TBN	Barsnsley	10K	
3 Dec	Vale of Clywd	1/2 Mara	

### Multi Terrain

Date	Venue	Distance
29 Apr	Fountains Abbey	10K
6 May	Roche Abbey Festival. Maltby	5k to Ultra
20 May	Ravenscar	Half Mara & 10K
20 May	Nidderdale (near Harrogate)	20 miles
3 Jun	Mulgrave Castle	10K. Yorkshire Vets Race
3 Jun	Top of the Wolds	10K
15 Jun	Sledmere Sunset Trail	10K <b>Friday night</b>
24 June	Glorious Gargrave Festival	5k to Ultra
July TBN	Castle Howard	6K & 10K
July TBN	Race the Train. Grosmont	8.4 miles
6 July	East Leeds	10K <b>Friday Night</b>
29 July	Ryedale Festival. Ampleforth College	5k to marathon
Aug TBN	Lyke Wake Challenge	40 miles
12 August	Lowther Langdale nr Penrith	13 mile
30 Aug	Enduro 24. Bramham Park	24-hour Ultra
16 Sep	Malton and Norton	10K

Sep TBN	Filey Beach	10K
Oct TBN	Forest and Moors	10k
21 Oct	Camp Hill Bedale	Includes a River crossing!
Nov TBN	Guy Fawkes Trail. York	10 miles
Nov TBN	White Rose Trail. Kirklees	30 miles
11 Nov	Dalby Dash	10K. (EYXC Clash)
Dec TBN	Poultry Run	8 miles
Dec TBN	York Chocolate Run	10K
Dec TBN	Rudolf Romp	25 miles

### Hardmoors. (See Hardmoors website for further details)

26.2 Series – Includes half marathon and 10K **approximate** distances

Date	Title
29 Apr	Wainstones
10 June	White Horse
5 Aug	Rosedale
21 Oct	Osmotherly
19 Nov	Goathland
TBN Dec	Roseberry Topping

### Other Distances

Date	Distance	Starting Point
26/27 May	110 miles	Filey
25-27 May	160 miles	Hemsley
15 Sep	60 miles	Guiseley
24 Nov	80 miles	Hessle

### Fell

See Esk Valley Fell Club for information re course/distance/climb

2017/18 Winter Season.

Date	Race Title
2 May	Gribdale Growler

### Summer Series

Date	Race Title
16 May	Fox and Hounds
6 June	Ossy Oiks
20 June	Whorlton Run
15 July	Viking Chase
25 July	Inclined to Madness
29 Aug	Roseberry Topping
8 Sep	Castleton Show Race

Winter Series. To be clarified

All Other North Yorkshire Fell Calendar Races  
(Up to 8 Sep only – when Winter Series events can be established)

Date	Race Title
12 May	Fairfield Horseshoe
22 May	Roseberry Romp
24 June	Cleveland Way Relay

10 Jul	Tom Bransdale Race
4 Aug	Osmotherly Show Race
7 Aug	Ravenscar Rumble

Yorkshire Veterans Championship

Nov TBN Meltham

### Track and Field

Yorkshire and District League. All on Sundays

Date	Venue
29 Apr	Cudworth
17 May	Cleethorpes
24 Jun	Wakefield
22 Jul	Cudworth

Northern League Div 4E (Sen and U17)]

Date	Venue
Sat 5 May	TBN
Sun 3 June	TBN
Sun 8 Jul	Middlesbrough
Sat 4 Aug	TBN

**NYSD T and F League. All Tuesday Evenings. See League Web**

1 May	Darlington
15 May	Middlesborough
4 Jun	Middlesborough
26 Jun	Darlington
10 Jul	Middlesborouh

Championships

Date	Title and Venue
TBN Jun	North Yorks Schools. TBN
TBN Jun	Northern U20/Sen. TBN
16/17 Jun	England U20/23. Bedford
TBN Jun	England Regions Combined Events. TBN
13/14 Jul	England Schools. Birmingham
TBN Jul	CAU Inter Counties. TBN
4/5 Aug	England U15/17 Combined Events. Manchester
TBN Aug	Northern U15/17. TBN
25/26 Aug	England U15/17. Bedford
15/16 Sept	England Schools Combined Events. TBN

York Summer League

5 fixtures but no information published as at 29 December

Open Meeting

31 May. Doncaster

Hull, York, Middlesbrough and Wakefield – TBN

Yorkshire Veterans Championships

23 Sep. Holmfirth

## Parkruns

All start at 0900 every Saturday. Standard 5 K for all local events (some have a 2.5 K option). Free to enter. Log on 24 hours before 1<sup>st</sup> Parkrun Web to register and get a barcode to use for all future races.

Parkruns: Dalby Forest, Sewerby, York, Hull x 3, Middlesbrough x 2 – and all over the UK and some overseas countries- look up before going abroad!