

## 2018 Race Diary

Road, Multi Terrain, Fell, Cross Country Track and Field, Parkruns

Most popular with club members

Added 2018

### Road

See also; [www.evensplits.events/5k-series](http://www.evensplits.events/5k-series) for a series of 10 monthly races at the Brownlee Centre Leeds University.

Date	Venue	Distance	Comment
1 Jan	Cleethorpes	10K	
14 Jan	Brass Monkey	1/2 Mara	Full
21 Jan	Dalton Park Durham	10K	
28 Jan	Ferriby	10 mile	Full
4 Feb	Dewsbury	10K	
4 Feb	Southport. Mad Dog	10K	
4 Feb	Chichester	10K	1 <sup>st</sup> of 3 x 10 K races for Veteran International selection
25 Feb	Snake Lane	10 mile	Full
25 Feb	Huddersfield	10K	Rowan Johnson has the female course record from 2002.
28 Feb	Leeds University	5K	1 <sup>st</sup> of 10 races Even Splits series (see above heading)
4 Mar	London	1/2 Mara	The Big Half event
4 Mar	Trafford	10K	2 <sup>nd</sup> of 3 x 10 K races for Veteran International selection
11 Mar	Spenn Valley	20 mile	Yorkshire Champs. Hilly
18 Mar	Trimble Morecambe	20 mile	Worth the journey. PB course
18 Mar	East Hull	20 mile	Tough course
18 Mar	Thirsk	10 mile	PB course
18 Mar	Lincoln	10K	3 <sup>rd</sup> of 3 x 10 K races for Veteran International selection
18 Mar	Scunthorpe	1/2 Mara	North Lincoln Half Marathon
18 Mar	Locke Park. Redcar	20 & 10 mile	1 mile laps!
18 Mar	Wigan	Marathon	
25 Mar	Wakefield	10K	Mildly undulating
25 Mar	London Landmarks	1/2 Mara	
25 Mar	Bradford	10k	
30 Mar	New Marske	10K	Good Friday. Fast if not windy on seafront
1 Apr	Elvington	1,5,10 mile	RAF Centenary Races
2 Apr	Ackworth	1/2 Mara	Easter Monday Race
8 Apr	Hornsea	1/3 Mar	Official distance
8 Apr	Sheffield	1/2 Mara	
15 Apr	Vale of York	10 mile	
8 Apr	Great Manchester	Mara	Fast course
22 Apr	Blackpool	Mara	Fast if not windy on seafront
22 Apr	Blackpool	10K & 10k	As above
22 Apr	London	Mara	Full
25 Apr	Redcar	5K	Wednesday night race
29 Apr	Stirling	Mara	
May. TBN	Meridian Ultra	50K,100K	UK Championship races
6 May	Kirkby Moorside	10K	Tough but very popular race
6 May	Scunthorpe	1/2 Mara	North Lincolnshire Half
13 May	Leeds	1/2 Mara	'Run for All' event
13 May	Beverley	10K	On line Sat 3 Feb. Will sell out
13 May	Sunderland	1/2 Mara	
20 May	Windermere	Mara	
20 May	Manchester	10k 1/2 Mara	
20 May	Liverpool	1/2 Mara	
26/27 May	Edinburgh	Mara	Festival – 1k to marathon races
27 May	Melmerby	10K	
27 May	Northallerton	10K	
Jun TBN	Leven	10K	
10 Jun	New Marske	10K	'Victorian'.

10 Jun	Hull	10K	'Run for All' event
24 Jun	Humber Bridge	10K	Mostly on the bridge
Jul. TBN	Grimsby	10K	
<b>Jul. TBN</b>	<b>Walkington</b>	<b>10K</b>	Very popular friday night race. Date not set by 29 Dec.
1 Jul	Withernsea	5 miles	
4 Jul	Hedon	4 miles	
8 Jul	Kilburn Feast	7 miles	Hilly and scenic
8 July	Leeds	10K	'Run for All' race
11 Jul	Doncaster	5K	Wed night. Town centre race
15 Jul	Harrogate	10K	
19 Jul	Redcar	5K	Evening race
<b>Aug. TBN.</b>	<b>York</b>	<b>5K</b>	Millennium Bridge races & shorter races ( <b>Not held 2017</b> )
Aug. TBN	Gilberdyke	10 miles	
5 Aug	York	10K	'Run for All' event
11 Aug	Dublin	5K	
12 Aug	Dublin	10K 1/2 Mara	Join the Trown sisters and other club members!
25/26 Aug	Portishead Bristol	Various	Join the 401 legend Ben Smith
25 Aug	Blackpool	5K 10K	<b>Saturday Night</b>
Sep TBN	Tadcaster	10K	
Sep TBN	Malton and Norton	10K	
Sep TBN	Tees Pride	10K	
Sep TBN	Middlesboro Riverside	5K	
Sep TBN	Big Stockport	10K	
2 Sep	Tholthorpe	10K	Club favourite. Incorporates N. Yorks 10K Champs
8 Sep	Castleton Show	6 miles	'A fell race on the road!' Saturday race
9 Sep	Newcastle. GNR	1/2 Mara	<b>Entry on line 3 Jan</b>
9 Sep	Vale of York	1/2 Mara	
16 Sep	Berlin	Mara	
23 Sep	Hull	Mara	
23 Sep	Sheffield	10K	
30 Sep	Nottingham	Mara	Tough half – boring 2 <sup>nd</sup> half
30 Sep	Nottingham	1/2 Mara	Tough urban course
30 Sep	Redcar	1/2 Mara	Popular race on coastal roads
Oct TBN	Bridlington	1/2 Mara	PB potential if not windy
Oct TBN	Halloween Humber Bridge	-	6 hours on the bridge
Oct TBN	Jedburgh Festival	Various	2 days of events
Oct TBN	Elloughton (Jim Dingwall)	10K	Fast 2 lap course. Date can be delayed. Humber Tri Club.
7 Oct	Chester	Mara	PB potential
<b>14 Oct</b>	<b>York</b>	<b>Mara</b>	<b>Entry Open – will sell out. £51.20 Entry Fee!</b>
<b>14 Oct</b>	<b>York</b>	<b>10 miles</b>	
<b>21 Oct</b>	<b>Scarborough</b>	<b>10K</b>	<b>Will sell out within hours. Check On-Line Opening</b>
<b>28 Oct</b>	<b>Dublin</b>	<b>Mara</b>	Cheap air fares possible
<b>4 Nov</b>	<b>Leeds</b>	<b>10K</b>	Abbey Dash race. Fast course.
18 Nov	Conwy	1/2 Mara	
18 Nov	New York	Mara	Join Lynzie Fleming!
25 Nov	Wilmslow	10K	
25 Nov	Doncaster	10K	
Nov TBN	Barsnsley	10K	
3 Dec	Vale of Clywd	1/2 Mara	

### Multi Terrain

Date	Venue	Distance
6 Jan	Titus Salt Saltaire	5k to Ultra
20 Jan	Holme Pierrepont	6 hour Ultra
27 Jan	Dalby Forest	5 miles Torch. <b>Saturday night</b>
3/4 Feb	Bolton Abbey Festival	5k to Ultra
4 Feb	Ripon. Muddy Boots	10K
<b>17 Feb</b>	<b>Dalby Forest Dark Run</b>	<b>5K</b>
25 Feb	Harewood House	Half Marathon and 10K
4 Mar	Lightwater Valley	10K
18 Mar	Forest of Dean	Half Marathon
30 Mar	Easter Egg, Bridlington	5 miles. Good Friday

31 Mar	Daffodil Dash. Temple Newsam	6.7 K to Marathon
1 Apr	Hemsley	10K
29 Apr	Fountains Abbey	10K
6 May	Roche Abbey Festival. Maltby	5k to Ultra
20 May	Ravenscar	Half Mara & 10K
20 May	Nidderdale (near Harrogate)	20 miles
3 Jun	Mulgrave Castle	10K
3 Jun	Top of the Wolds	10K
15 Jun	Sledmere Sunset Trail	10K <b>Friday night</b>
24 June	Glorious Gargrave Festival	5k to Ultra
July TBN	Castle Howard	6K & 10K
July TBN	Race the Train. Grosmont	8.4 miles
6 July	East Leeds	10K <b>Friday Night</b>
29 July	Ryedale Festival. Ampleforth College	5k to marathon
Aug TBN	Lyke Wake Challenge	40 miles
12 August	Lowther Langdale nr Penrith	13 mile
30 Aug	Enduro 24. Bramham Park	24-hour Ultra
Sep TBN	Malton and Norton	10K
Sep TBN	Filey Beach	10K
Oct TBN	Forest and Moors	10k
21 Oct	Camp Hill Bedale	Includes a River crossing!
Nov TBN	Guy Fawkes Trail. York	10 miles
Nov TBN	White Rose Trail. Kirklees	30 miles
11 Nov	Dalby Dash	10K. (EYXC Clash)
Dec TBN	Poultry Run	8 miles
Dec TBN	York Chocolate Run	10K
Dec TBN	Rudolf Romp	25 miles

### Hardmoors. (See Hardmoors website for further details)

26.2 Series – Includes half marathon and 10K **approximate** distances

Date	Title
11 Feb	Saltburn
29 Apr	Wainstones
10 June	White Horse
5 Aug	Rosedale
21 Oct	Osmotherly
19 Nov	Goathland
TBN Dec	Roseberry Topping

### Other Distances

Date	Distance	Starting Point
1 Jan	15 miles	Robin Hoods Bay ( <b>Full</b> )
1 Jan	30 miles	Robin Hoods Bay
26/27 May	110 miles	Filey
25-27 May	160 miles	Hemsley
15 Sep	60 miles	Guiseley
24 Nov	80 miles	Hessle

### Cross Country (Remaining Fixtures)

Date	Race Title
6 Jan	Yorkshire Champs. Lightwater Valley
13 Jan	North Yorks Schools. Knavesborough
7 Jan	East Yorks League. Sledmere
21 Jan	NYSD. Ormesby Hall. Middlesborough
27 Jan	Northern Champs. Harewood House. Leeds
3 Feb	Northern Counties Schools. Barnard Castle
4 Feb	East Yorks League. Welton
18 Feb	NYSD League. Richmond
24 Feb	English National. Nottingham

24 Feb	Welsh National Champs. Swansea
24 Feb	Scottish National Champs. Falkirk
4 Mar	East Yorks League. Sewerby ( <b>10.00 Start</b> )
10 Mar	English. Inter Counties. Loughborough
17 Mar	English National Schools. Temple Newsam Leeds
24 Mar	English Year 7 Champs. Leicester

## Fell

See Esk Valley Fell Club for information re course/distance/climb

2017/18 Winter Season.

Date	Race Title
1 Jan	Captain Cooks Races
14 Jan	Comondale Clart
25 Feb	Heartbeat Hobble (SAC Home )
4 Mar	Glaisdale Rigg
18 Mar	Blakey Blitz
15 Apr	Guisborough Moors
2 May	Gribdale Growleer

## Summer Series

Date	Race Title
16 May	Fox and Hounds
6 June	Ossy Oiks
20 June	Whorlton Run
15 July	Viking Chase
25 July	Inclined to Madness
29 Aug	Roseberry Topping
8 Sep	Castleton Show Race

Winter Series. To be clarified

All Other North Yorkshire Fell Calendar Races  
( Up to 8 Sep only – when Winter Series events can be established)

Date	Race Title
24 Feb	Inov-8 High Cup Nick
21 Apr	Anniversary Waltz
21 Apr	Teenager with Attitude !
12 May	Fairfield Horseshoe
22 May	Roseberry Romp
24 June	Cleveland Way Relay
10 Jul	Tom Bransdale Race
4 Aug	Osmotherly Show Race
7 Aug	Ravenscar Rumble

## Track and Field

Yorkshire and District League. Juniors. Provisional Dates. All on Sundays

29 April, 27 May, 24 June, 22 July

Northern League Div 4E (Sen and U17)]

Date	Venue
Sat 5 May	TBN
Sun 3 June	TBN

Sun 8 Jul	Middlesbrough
Sat 4 Aug	TBN

#### Championships

Date	Title and Venue
4 Feb	Northern Indoors. Sheffield
TBN Jun	North Yorks Schools. TBN
TBN Jun	Northern U20/Sen. TBN
16/17 Jun	England U20/23. Bedford
TBN Jun	England Regions Combined Events. TBN
13/14 Jul	England Schools. Birmingham
TBN Jul	CAU Inter Counties. TBN
4/5 Aug	England U15/17 Combined Events. Manchester
TBN Aug	Northern U15/17. TBN
25/26 Aug	England U15/17. Bedford
15/16 Sept	England Schools Combined Events. TBN

#### York Summer League

5 fixtures but no information published as at 29 December

Open Meetings; Hull, York, Middlesbrough and Wakefield – TBN

#### Parkruns

All start at 0900 every Saturday. Standard 5 K for all local events (some have a 2.5 K option). Free to enter. Log on 24 hours before 1<sup>st</sup> Parkrun Web to register and get a barcode to use for all future races.

Parkruns; **Dalby Forest, Sewerby**, York, Hull x 3, Middlesbrough x 2 – and all over the UK and some overseas countries- look up before going abroad!