

## 2018 Race Diary

Road, Multi Terrain, Fell, Cross Country Track and Field, Parkruns

Most popular with club members

Added 2018

### Road

See also; [www.evensplits.events/5k-series](http://www.evensplits.events/5k-series) for a series of 10 monthly races at the Brownlee Centre Leeds University.

Date	Venue	Distance	Comment
25/26 Aug	Portishead Bristol	Various	Join the 401 legend Ben Smith
25 Aug	Blackpool	5K 10K	<b>Saturday Night race</b>
26 Aug	Gilberdyke	10 miles	
2 Sep	Tees Pride	10K	
2 Sep	Tholthorpe	10K	Club favourite. Incorporates N. Yorks 10K Champs
8 Sep	Castleton Show	6 miles	'A fell race on the road!' Saturday race
9 Sep	Newcastle. GNR	1/2 Mara	
9 Sep	Vale of York	1/2 Mara	
13 Sep	York Sports Village	5K	Race 6 York 5K series
16 Sep	Berlin	Mara	
16 Sep	Tadcaster	10K	
16 Sep	Malton and Norton	10k	
16 Sep	Big Stockport	10K	
16 Sep	Derwent Dash	10K	Stamford Bridge
23 Sep	Hull	Mara	
23 Sep	Sheffield	10K	
30 Sep	Nottingham	Mara	Tough half – boring 2 <sup>nd</sup> half
30 Sep	Nottingham	1/2 Mara	Tough urban course
30 Sep	Redcar	1/2 Mara	Popular race on coastal roads
7 Oct	Bridlington	1/2 Mara	PB potential if not windy
Oct TBN	Halloween H. Bridge	Ultra	6 hours on the bridge
7 Oct	Bridlington	1/2 Mar	PB potential if not windy
7 Oct	Chester	Mara	PB potential
11 Oct	York Sports Village	5K	Race 7 York 5k series
14 Oct	Elloughton.(Jim Dingwall)	10K	PB potential. Flat 2 laps
14 Oct	York	Mara	<b>Sold out but Charity Places may be possible</b>
14 Oct	York	10 miles	
21 Oct	Scarborough	10K	<b>Sold out in 2.5 hours!</b>
21 Oct	Holmfirth	15 miles	Yorkshire Vets Championship Race
28 Oct	Dublin	Mara	Cheap air fares possible
4 Nov	Leeds	10K	Abbey Dash race. Fast course.
4 Nov	New York USA	Mara	Join Lynzie Fleming
8 Nov	York Sports Village	5K	Race 8 York 5K series
18 Nov	Conwy	1/2 Mara	
25 Nov	Wilmslow	10K	
25 Nov	Doncaster	10K	
Nov TBN	Barnsley	10K	
3 Dec	Vale of Clywd	1/2 Mara	

### Multi Terrain

Date	Venue	Distance
30 Aug	Enduro 24. Bramham Park	24-hour Ultra
16 Sep	Malton and Norton	10K
23 Sep	Filey Beach	10K
7 Oct	Forest and Moors	10k

21 Oct	Camp Hill Bedale	Includes a River crossing!
3 Nov	White Rose Trail. Kirklees	30 miles
4 Nov	Guy Fawkes Trail. York	10 miles
11 Nov	Dalby Dash	10K. (EYXC Clash)
<b>Dec TBN</b>	<b>Poultry Run</b>	<b>8 miles</b>
1 Dec	Rudolf Romp	25 miles

### Hardmoors. (See Hardmoors website for further details)

26.2 Series – Includes half marathon and 10K **approximate** distances

Date	Title
21 Oct	Osmotherly
19 Nov	Goathland
TBN Dec	Roseberry Topping

Other Distances

Date	Distance	Starting Point
15 Sep	60 miles	Guiseley
24 Nov	80 miles	Hessle

### Cross Country

NYSD (2018/19 Season)

23 Sep	Relays. Thirsk
14 Oct	Acklam. Acorn Centre
4 Nov	Whitby. Caedmon College
18 Nov	Stockton. Preston Park
2 Dec	Redcar. Fox Rush Farm
20 Jan	Middlesboro. Ormesby Hall
17 Feb	Richmond, Old Racecourse

EYXC (2018/19 Season)

30 Sep	Bishop Wilton
11 Nov	Drewton Woods
3 Dec	Langdale End
6 Jan	Sledmere
10 Feb	Welton
3 Mar	Sewerby

### Fell

See Esk Valley Fell Club for information re course/distance/climb

Summer Series

Date	Race Title
<b>29 Aug</b>	<b>Roseberry Topping</b>
<b>8 Sep</b>	<b>Castleton Show Race</b>

Winter Series. To be clarified

All Other North Yorkshire Fell Calendar Races  
(Up to 8 Sep only – when Winter Series events can be established)

Date	Race Title
4 Aug	Osmotherly Show Race
7 Aug	Ravenscar Rumble

### Track and Field

Championships

Date	Title and Venue
25/26 Aug	England U15/17. Bedford
15/16 Sept	England Schools Combined Events. TBN

York Summer League

Final Event is Sunday 15 July

### Parkruns

All start at 0900 every Saturday. Standard 5 K for all local events (some have a 2.5 K option). Free to enter. Log on 24 hours before 1<sup>st</sup> Parkrun Web to register and get a barcode to use for all future races.

**Dalby Forest, Sewerby,** York, Hull x 3, Middlesbrough x 2 – and all over the UK and some overseas countries. ,Look up before going abroad!